

Physical Activity and Sports Strategy	Outcome 2020	Dashboard Indicator	Update May 2018			Ai	nnual Targe	al Target				
Physica Sport				RAG rating	March 2017	Mar-18	Mar-19	Mar-20	Mar-21			
rity /		1. Number of new people taking part in walks program	352 new people joined April 17- March	G	100	100	100	100	100			
Increase participation in sport and physical activity in priority groups by improving the accessibility, range and quality opportunities for sport and physical activity	More people will take up	2. Number of targeted walk programs for priority groups and areas (The indicator March 2018-9 will be to maintain this level of walks)	20 walks running with 5 new walks set up April 17- March 18; Roxbourne Medical Centre Roxeth Park Walk Belmont Centre Walk Elliott Hall Surgery Northwick Surgery	G	5	5	5	5	5			
sport a the acce or sport	active travel, walk and cycle more	 Number of schools taking part in 'Golden Mile' (and number of children recorded) 	17 schools were trained to deliver the Golden Mile in January 2017	Α	10	10	-	-	-			
ipation ir Iproving 'unities fr		4. Number of schools with a HSL award and a physical activity policy (Bronze, silver or gold)	10 gold, 16 silver, 32 bronze March 2018	G	25	15	5	5	5			
crease partic groups by im opport		5. Number of early years settings supported to promote physical activity (3 hours per day)	44 in March 2017, 32 more by March 2018 (with more training scheduled for Spring) EY settings delivering after Busy Feet training	A	50	50	n/a	n/a	n/a			
ŭ,		(Anna Kirk / Andrea Lagos PH)										



	6. The reduction each year of the overall proportion of children travelling to school by car (annual survey-schools/travel planning)	School travel surveys completed. We are currently not measuring this due to changes in reporting from TfL. There is no function to calculate this at present and would involve a manual calculation.	твс	30%	29%	28%	275%	26%
	7. To develop the Harrow Council Travel Plan and implement the measures and achieve outcomes (tbc early 2017)	Work-related travel and commuting including cycling has been handed over to Regeneration Team. This is now complete. A Transitional Travel Plan (TP) will be in place from July 2018 with measures to support the transition of staff to the new Civic Centre. Once the Transitional TP has been approved the information can be added to this dashboard including measurable outcomes	твс	Draft complete by year end	Measures to be implemented			
	(Annabelle Fosu, Transport)							
More people access leisure services that are	8. The numbers of people accessing council subsidised leisure facilities from our priority groups;							
affordable	a) Number of people accessing free 60+ swimming. <i>Target Average</i> 3,000 per month across both centres	42,265	G	36000	37800	39600	41400	43200



	b) Number of people accessing ladies BAME groups. <i>Target -</i> <i>Average 500 per month across</i> <i>swimming and gym usage</i>	8,695	G	6000	6300	6600	6900	7200
	c) Number of people accessing service with a disability. <i>Target:</i> Average 350 per month across all centres	4156	A	4200	4410	4620	4830	5040
	 d) Number of people accessing the Exercise on Referral scheme at Everyone Active and Aspire e) Number of people accessing 	535 new users and 40361previous EOR participants accessed the centre in 17/18 140	G	1200	1300	1400	1500	1600
	e) Number of people accessing Exercise on Referral at Aspire leisure services who have a disability	140		твс				
	 f) Number of Harrow Council Staff taking up corporate membership at Harrow Leisure Centre 	413	G					
	(Patricia Johnson Sports, Leisure ar	nd Libraries)						
	9 a) To promote various sport and leisure development programmes / sports club initiatives in Harrow-							
More people from priority communities	Engage minimum of 30 participants in the 10 week 'On Your Marks' disability project – funding only until March 2017	Project now ended : March 2017 67 engaged	30					
take up sport	 b) Promote 'Sportivate' projects – until March 2 	Engaged: 442 Retained actual = 287	Engage 365 retain at 6 weeks: 224	Funding stops March 2017				



c) CSPAN wider group attendance	Wider CSPAN meeting for sport clubs held 20/7/17 and 18 people attended. The governance and TOR for Active Harrow have been reviewed (April 2018) and going forward there will be annual meetings of sports clubs and quarterly Active Harrow Strategic group that reports to HWB annually	G					
d) Number of partners in funding bids	Two partnership EOI for bids were submitted in March 2017 to Sport England bid ; Active Ageing and Local Delivery pilots. These bids were not successful but London Sport were impressed with the approach in the LDP bid and are currently supporting the Active Harrow Strategic Group to take this further by developing an Action Plan for South Harrow	G					
(Anna Kirk/PH, Harvi Singh Sports D	Development)						
10. To deliver Council's Outdoor Sports Pitch Strategy (improvements to pitches, changing facilities, and installation of 3G grass pitches by August 2018	Pre planning application Public Consultation 21 st May 2018 for the 3G artificial pitch and improvements to grass pitches. Joint Planning application will then be submitted in June 2018.Multi use planning application for Harrow Weald Pavilion submitted May 2018 .Pitch works to be completed at Bannister August 2018.	A	-	Harrow Welad Pavillion	Pitches complete August 2018	Usage to be monitored	Usage to be monitored
(Tim Bryan – Libraries, Sport and Le	eisure)						



		 11. To promote physical activity through social services; in care homes and domiciliary care: a) Number of care homes delivering sitting netball b) Number of participants in sitting 	10 more care homes signed up (bringing the total to 20)	G	10	10	10	10	10
		netball c) Number of physical activity opportunities (e.g.walks started in care homes) (Una Taylor – Social Services)		ТВС					
Increase opportunities and awareness for Harrow Council staff to be active	Harrow council to achieve London Healthy Workplace Charter level excellence by March 2017 and other Harrow based employers supported to achieve commitment level 2017-	12. To decrease the amount of car journeys to and from the civic centre	This is no longer happening. Instead the Transitional Travel Plan will replace this in preparation for the move to the new Civic Centre. A new action plan will be agreed by July 2018.2018/19 measures will include promotion of cycling and provision of pool bikes, as well as information and awareness raising campaigns to encourage more active travel. Pool cars will be introduced to alleviate the effects of loss of parking space	твс	твс	твс	TBC	твс	твс



202	0 13.To implement a programme of behaviour change to encourage the uptake of sustainable transport	2018/19 measures will include promotion of cycling and provision of pool bikes, as well as information and awareness raising campaigns to encourage more active travel. Pool cars will be introduced to alleviate the effects of loss of parking space	твс	твс	твс	твс	твс	твс
	(Annabelle Fosu/Kerry Edens -Tran	sport)			•	•		
	14.Number of workplaces signed up to LHWC	Due to capacity reductions in PH this area of work will be limited						
	15. Number of Harrow Council staff taking part in activities	75 council staff members took part in free activities at the civic since (17/18) 17. Harrow Council has commissioned a Healthy Food Report including a survey which gives clear actions needed to achieve the next level of LHWC. A new survey of the canteen is looking at staff appetite for daily healthier options and meals. CCG offices at the heights runs regular lunch time group walks	A	15% of staff total	15% of staff total	15% of staff total	15% of staff total	15% of staff total
	16.Number of other organisations to achieve commitment level	1 Harrow Council		0	2	2	2	2
	(Carole Furlong PH)	· · · · ·	-	•		·	•	•



A continue More people will access parks, green spaces and growing q	17. Number of Health Impact Assessments carried out	Two HIAs completed and a further 3 are underway. Large staffing reductions in Public have meant that HIAs have needed to be prioritised	A	5	5	5	5	5
siden	(Anna Kirk PH)							
Improve the degree to which Harrow as a place supports residents to be active as a coutine bart of daily life part of daily life more choice as a routine part of daily life more provide the degree to walk and choice travel, walk and choice more place more more more more more more more mor	18.a) More people will use active transport	The Transitional Travel Plan will replace this in preparation for the move to the new Civic Centre. A new action plan will be agreed by July 20182018/19 target will focus on increasing cycling and walking – specific target TBC once funding confirmed.		Mid 2018				



b) Development of Council Active Travel plan	The Transitional Travel Plan will replace this in preparation for the move to the new Civic Centre. A new action plan will be agreed by July 2018		Mid 2018				
c) Deliver a minimum of 3 initiatives per year for schools	3 completed	G	3	3	3	3	3
d) Deliver STP workshops twice per year	Due to work workload and unsuitable premises, we are currently not offering this to schools. We visit schools on an individual basis.		2	2	2	2	2
e) Deliver 3 business/community engagement events per year	Due to resourcing issues we have not held separate events but worked with internal and external organisations to promote and increase awareness of sustainable transport initiatives in Harrow and London		3	3	3	3	3
f) Increase the number of schools with STARS travel plans:	The number of Accredited schools at Gold and Silver level has increased. As of March 2018 we have 40 Travel Plans in place.	Α	40	48	твс		
(Annabelle Fosu Transport)							•



More people will access parks, green spaces and growing areas	19. To deliver the 'Fitness in Our Parks' programme by March 2017 (Harvi Singh Sports Development)	Fitness in Parks programme ended March 17	G	n/a	n/a	n/a	n/a	n/a
	20. To ensure parks are maintained and promote their use for physical activity for everyone;							
More people will access parks, green spaces and growing areas To increase community	a) To ensure all maintenance issues are monitored and dealt with to residents satisfaction and number logged as a complaint decreased	Level of complaints maintained and responded to within 15 days March 2017-April 2018	G	Levels maintained and responded to within 15 days	Levels maintained and responded to within 15 days	Levels maintained and responded to within 15 days	Levels maintained and responded to within 15 days	Levels maintained and responded to within 15 days
participation in management and maintenance of open spaces	b) Number of newly developed MUGA's	3 New MUGA's were in place by April 2018: (West Harrow Recreation Ground, Kenton Recreation Ground, Rayners Mead) These will be maintained but no more regular funding for MUGAs identified.	G	1	2	Tbc (based on external funding	твс	
	c) Number of newly developed Green/Outdoor Gyms	Existing outdoor gym levels maintained (26)	G	25	25	25	25	25



		 Number of new park user groups and expansion of existing ones with new users 	New park user group established in Rayners Mead, plan in place for 2 more (Byron Park and Alexandra Park). This will bring the total to 23 operational, 3 partially operational and 1 in start up by April 2018	G	20	20	20	20	20
		(Dave Corby – Community Engagem	nent)						
Work in partnership with stakeholders to make the best use of resources and attract new funding into the borough	More people will access parks, green spaces and growing areas. More people will take up active travel, walk and cycle more	12. A joint communication plan and brand developed by Physical Activity Implementation Group with oversight by Physical Activity Strategy Steering Group within 2016	been developed and the Active 10 walking campaign has ran in						



	 13. Number of clicks on tharrow.gov.uk/getactive 14. Number of joint promotional events run 	The new web page has been set up www.harrow.gov.uk/getactive in April 2017 and clicks are being monitored Clicks on the link to the Get Active page. (April 2016: 109 - April 2017: 246) and for the year 17/18 3,065 126% increase on web traffic year on year Walking in Harrow web hits: (April 2016: 42 hits - April 2017: 140 hits) 233% increase in web traffic year on year Email banner shared with all Active Harrow members						
	(Anna Kirk/Carole Furlong PH)							
	15. Adult Learning:							
More people joining wellbeing programmes	a) Number of people joining the Active Minds Walk leader training	Active Minds finished in July 2017. .3 people were trained and 2 tutors were trained to run regular walks including fruit picking		16	n/a	n/a	n/a	n/a
with Adult, Community	b) Number of people joining a dance course	562	G	337	400		твс	твс
& family Learning	c) Number of people joining a general exercise class including Yoga and fitness	208	G	113	180	190	твс	твс
	d) Number of older learners joining health and exercise course	292	G	28	40	40	ТВС	ТВС



class Walk	umber of learners on English es joining a Mile-a-day or ing group for academic year -2018	Mile a day has now finished but walking and health is now part of ESOL course.1,000 people a year take part	n/a	20	30	твс	твс
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